**Aristotle’s Golden Mean**

**Deficiency (-)** **BALANCE**  **Excess (+)**

|  |  |  |
| --- | --- | --- |
| Cowardice | COURAGE | Rashness |
| Stinginess |  | **Extravagance** |
| Slothfulness |  | **Workaholism** |
| Humility |  | **Pride** |
| Secrecy |  | **Loquacity** |
| Foolishness |  | **Judgmentalism** |
| Disregard |  | **Idolatry** |
| Licentiousness |  | **Strictness** |
| Corruption |  | **Legalism** |
| Selfishness |  | **Enablement** |
| Pride |  | **Degradation** |
| Self-indulgence |  | **Insensibility** |
| Pusillanimity |  | **Vanity** |
| Boorishness |  | **Buffoonery** |
| Shamelessness |  | **Bashfulness** |
| Spite |  | **Envy** |

