

Introduction to Generosity

Generosity

Gratitude

Compassion



Generosity involves giving for the benefit of others.

Activity 1



Aim(s)

- To introduce the concept of generosity.
- To explore different kinds of generosity.



Resources

- Internet connection to play a YouTube video.

OPTIONAL

- *Generosity* Power Point
- *What Kind of Generosity?* Worksheet.

OPTIONAL



Delivery Guide



This can be done as a small group discussion or as 1-2-1.

Ask the young people what they think generosity means. You could watch this video of people giving waiting staff big tips:

www.youtube.com/watch?v=d62QGPHbnyI (Available 8/16)

Ask the group: is this generosity? Most are likely to say yes, while some may bring up the possibility that the people giving the tips may have wanted something in return. This can open a conversation about whether generosity can be tainted by wanting something or by having the wrong intention.

Giving money is probably the most easily recognisable version of generosity. Ask the group to think of any other kinds of generosity they can identify. Ones that come up may include giving:

- Things/materials
- Time
- Skills
- Words/emotions
- Actions/effort

Using the *What Kind of Generosity* Worksheet or writing it on flipchart paper, ask them to come up with an example for each type of generosity: one from their real life and one from fiction (from a book, TV or film). This can be done as a small group or as individuals.



Facilitators can join in by providing their own examples of generosity.

Points to highlight

- A generous person gives for the benefit of others and can receive generosity from others. A properly generous 'giving' is motivated by the needs of others, rather than the needs of the person giving – for instance, giving a gift in order to make someone do something, or to show off how rich you are, is not generosity.
- Generosity is not just about giving money. You can be generous with a lot of different things.

Activity 2



Aim(s)

- To think about how people show generosity.



Resources

- Flipchart paper. **OPTIONAL**
- Post-it notes. **OPTIONAL**
- Pens. **OPTIONAL**



Delivery Guide



Facilitators can take part by providing their own examples of when they were last generous.

Ask the group to think about the time when:

- They were last generous
- Someone was last generous to them.

This can be done as a conversation, but it works well using post-it notes and flipchart paper. Set up two flipchart papers labelled with each title as above. Give post-it notes and a pen to each person and get them to write a different example on each one and then stick them onto the relevant flipchart paper. You can then go over them and discuss as a group (or pick out the relevant ones) but they stay anonymous.

Explore the examples that fit the definition of being generous – discuss any examples that may not demonstrate generosity.

Questions that can be explored include:

- What was the intention in the act?
- Who was being generous?
- Why?
- What were they being generous with?
- How did the giver or the receiver feel?
- What prompted the generous act?



Facilitator can take part in this in parallel to the young people

Points to highlight

- There are many ways to be generous.
- You don't have to be wealthy or successful to be generous – anyone can be generous.



Extension Activities

You could set the young people a task to keep a Generosity Diary for a day/two days/a week. In it, they can record times that they were generous as well as times others were generous to them, and when they had the chance to be generous but weren't. They can record how they felt, and why they made the choices they did. At a later session, you can come back and review the diary.



Facilitators can take part in this by keeping a journal along with the young people.



Links to Other Areas of the Curriculum

Various:

The examples of generosity from fiction can include examples from books being studied in English or events and people studied in History.

Literacy:

Writing examples of generosity.
Keeping a generosity diary.

