

The Generosity Pledge



Generosity

Service

Determination

Wisdom

Kindness



"No act of kindness, no matter how small, is ever wasted."

Aesop

Activity 1



Aim(s)

- To bring generosity into everyday life.



Resources

- *Generosity Pledge Worksheet.*



Delivery Guide



This activity needs to be completed and then followed up some time afterwards (this could be a week, a few weeks, or just a couple of days later).

Part I

Ask the young people to think about their everyday life and think of times where they may have an opportunity to be generous. (if they have done the *Introduction to Generosity* activities, it may be helpful to remind them of the scenarios they came up with). Think about:

- At home - giving time to help siblings or other relatives;
- Peer group - giving emotional support to a friend;
- Charity - volunteering or donating to a charity or a campaign they are interested in;
- Sharing skills - teaching someone else to do something;
- The neighbourhood - helping a neighbour by getting shopping for them, or fixing something in the house.

Remind them that it doesn't have to be a big thing; it can be taking opportunities to give a little more than they normally would.

Ask them to think of a time in the next week where they could show generosity.

Each person should pledge to do something generous for someone in the week ahead and complete the *Generosity Pledge Form* to record this.



Facilitators can join in and make their own pledge.

Part II

The next time the group meet, remind them of the generosity pledge they made and ask them to share how they did. Did they manage to complete it? How did it go? If they didn't manage to complete it, what stopped them?

Explore how being generous made them feel. Did it change anything? Will they continue to look for opportunities to be generous or will they just stop now the activity has finished?



Facilitators can join in and feed back on their own pledge.

Points to highlight

- There are lots of opportunities in daily life to be generous.
- Everyone can be generous – it doesn't require you to be wealthy or have lots of time.
- Being generous can change the way people see you and the way you feel.



Further Resources

Warren Buffett has pledged to give away 99% of his wealth, and has inspired a number of other people to do a similar thing, including Bill and Melinda Gates. The following video and website give more information.

givingpledge.org
www.youtube.com/watch?v=BXyjgKylAKE
(both available 8/16)

Ask the group their opinion on this. Is it a good idea? Should all rich people be encouraged

