

# Know You



## Activity 1

3s and 2s

### Aim(s)

- To get to know each other.
- To start sharing things about themselves.

### Resources

- None needed.

### Delivery Guide



This works best with participants working in small groups of 5 or 3, although it can be adjusted for all numbers.

Depending on the number of young people you are working with, split the group up into groups of 5 or 3 (the 3s and 2s title only works when you're playing with groups of 5!). These guidance notes are based on groups of 5, but adjust them as necessary.

Their challenge is to work out ways of splitting their group into a smaller group of 3 and a smaller group of 2. For instance, there may be three people who are wearing red socks and two people wearing black socks, or two young people who have siblings and three young people who don't.

The first challenge is to find **5 ways** to split the group up based on things they can see: for instance, three people who have brown hair and two people who have blonde, or two people who are tall and three who are shorter. Once they have done this, get them to feed back at least one 'rule' to the bigger group.

The second challenge is to find 5 ways to split the group based on things they can't see: for instance, three people who have pets and two people who don't, or two people who support Tottenham Hotspur and three people who support Arsenal. Get them to feed back at least one 'rule' to the bigger group.

Ask the students why they thought you did the activity. What was the purpose? Try and pull out the aspects below.

## Points to highlight

- To get to know people we have to ask questions.
- There are differences between us – but also similarities, sometimes things that we can't see or know immediately.
- We can't see everything about others – so try not to make assumptions and judge people straight away.