L1 – Character Strengths for My Future

## **My Character Strengths**

Rate how each character strength describes you by placing a ✓ in the box. Be as honest as you can.

	Not we	This strength describes ME Not well at all <						
	1	2	3	4	5	6	7	
Citizenship								
Civility								
Compassion								
Confidence								
Creativity								
Critical Thinking								
Curiosity								
Determination								
Fairness								
Friendliness								
Gratitude								
Honesty								
Humility								
Motivation								
Reasoning								
Resilience								
Service								
Teamwork								
Volunteering								
Wisdom								

UNIVERSITY<sup>OF</sup> BIRMINGHAM



Out of the 20 character strengths listed, pick and **rank** the 6 which you think best describe your own personal character from 1 to 6 (1 = the strongest).

Citizenship Civility Compassion Confidence Creativity **Critical Thinking** Curiosity Determination Fairness Friendliness Gratitude Honesty Humility **Motivation** Reasoning Resilience Service Teamwork Volunteering Wisdom



