

The Character Curriculum

Flourishing for Life



<p>Y5: Peer pressure L1 - What is peer pressure?</p>	<p>Learning objective:</p> <ul style="list-style-type: none"> - Understand how peer pressure might be a challenge to character. 	<p>Key vocabulary: Peer pressure, consequences, short-term, long-term, lemming, myth, strategies, scenarios Key virtues: Courage, respect, confidence, resilience</p>
<p>Resources: PowerPoint</p>	<p>Statutory links: Relationships Education (2020) Pupils should know:</p> <ul style="list-style-type: none"> - How to recognise who to trust and who not to trust, how to judge when a friendship is making them feel unhappy or uncomfortable, managing conflict, how to manage these situations and how to seek help or advice from others, if needed. - The importance of respecting others, even when they are very different from them (for example, physically, in character, personality or backgrounds), or make different choices or have different preferences or beliefs. - Practical steps they can take in a range of different contexts to improve or support respectful relationships. - The importance of self-respect and how this links to their own happiness. - That in school and in wider society they can expect to be treated with respect by others, and that in turn they should show due respect to others, including those in positions of authority. 	
<p>Key questions:</p> <p>What is peer pressure?</p> <p>What might you be pressured into doing?</p> <p>Who might pressure you?</p> <p>What consequences might peer pressure have in the short term and the long term?</p>	<p>Learning activities:</p> <p>Starter: Defining peer pressure</p> <p>Watch the video here describing peer pressure: https://www.bbc.co.uk/cbbc/watch/coping-with-peer-pressure?collection=lifebabble-guide-to-friendship [accessed 28.05.2020].</p> <p>Discuss:</p> <ul style="list-style-type: none"> - What is peer pressure? - What might you be pressured into doing? - Who might pressure you? - What consequences might peer pressure have in the short-term and the long-term? <p>Explain that peer pressure can be a test of our character.</p>	

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Activity 1: Lemmings

Show the lemming cartoon and ask the children how they think it relates to peer pressure.

What message do they think it is sending about peer pressure? (You may wish to explain that there was a popular myth that lemmings, when migrating, would follow their leader off cliffs and into water that they couldn't get across, resulting in many dying. However, this has since been proven false).

Consider someone who always follows the crowd. What words and phrases could we use to describe their character? How is this different from the person that you want to be?

Activity 2: Role play

Ask children to come up with some scenarios where someone is experiencing peer pressure and write down a short description.

Ask groups to act out their scenes and ask other pupils to identify:

- Who is being pressured?
- What are they being pressured to do?
- What techniques is the person using to pressure them?

Explain that, in the next lessons, we will be looking at strategies to use to combat peer pressure. Keep the scenarios that the children have written to be used in the third lesson.

Plenary: Positive peer pressure?

Is peer pressure always negative? Are there some examples where people could be peer pressured into something positive? Does this make the pressure positive?