



Friendship

Aims:

An assembly introducing friendship and exploring how friendships develop and flourish!

Preparation and materials:

- Song 'lean on me' – Bill Withers
- Rise above video <https://riseabove.org.uk/article/doug-armstrong-on-healthy-relationships/> (Doug Armstrong on healthy relationships) [Accessed 06-20]

Assembly:

As students enter the assembly play the famous song 'lean on me' by Bill Withers.

1. Introduce the topic of friendship to the students and link the importance of friendship in life and the role of friendship in school. What do the lyrics of the song 'Lean on me' suggest friendship involves? Can you think of a time when a friendship of yours was important during a difficult time of your life?
2. Ask students to think about the good friends that they have now or have had in the past. What characteristics make up a good friend? How do your friends make a positive impact on your life?
3. Watch the rise above friendship video which gives some tips on building healthy relationships. Ask students to discuss the points raised in the clip with their partner and ask for some feedback on what tips were most helpful and why.
4. Student/teacher interview. This is a good time to share a story about friendship. Perhaps a member of staff has a friendship that has lasted for decades that they could share or a student could share something significant that happened as a result of a friendship. What virtues did the friends in the story display? How has that friendship had a positive impact on your life?
5. Provide a list of quotations by different authors about the role of friendship and discuss how they apply in everyday friendships scenarios.
6. Friendship involves many different characteristics and qualities. Trust, fun, support, shared interests, sharing experiences with and many more. Pick a quality and expand it encouraging students to think about how they have displayed this virtue in their own friendships.

Reflection:

In the rush of everyday life we can easily overlook our friends and take them for granted. Remind yourself of the friends in your life and what they mean to you.



Challenge:

Take an opportunity this week to either write a letter, send a message or speak in person to a friend and thank them for

