The Character Curriculum

Flourishing for Life

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Y7: Friendship L1 - What makes a good friend?	Learning objective: - To develop an understanding of the virtues that enable friendships to flourish.	Key vocabulary: Friendship, bullying, sharing, affection Key virtues: Civility, respect, love, perseverance, honesty, empathy, friendliness
Resources: PowerPoint presentation, card sort activity cards, dilemma examples	 Statutory links Relationships, Sex and Health Education guidance (2019) Pupils should know: The characteristics of positive and healthy friendships (in all contexts, including online) including: trust, respect, honesty, kindness, generosity, boundaries, privacy, consent and the management of conflict, reconciliation and ending relationships. This includes different (non-sexual) types of relationship; practical steps they can take in a range of different contexts to improve or support respectful relationships. PSHE guidance (2020) Students learn: About different types of relationships, including those within families, friendships, romantic or intimate relationships and the factors that can affect them; 	
Key questions:	 indicators of positive, healthy relationships and unhealthy relationships, including online. Learning activities: 	
How might having a friendship with someone develop your character? What role can a friend play in developing your character?	Starter: What makes a good friend? Listen to the music clip. https://www.youtube.com/watch?v=2VbODnX0dVs [available 05/20] (Friends theme tune). - What does a good friend need to do, according to this song? - What aspects of friendship do the lyrics describe? - How might you demonstrate these actions in your life?	
What virtues can you grow in to become a better friend? How can you practice them?	Activity 1: Card sort Think about the friends you have now, and friendships you have had in the past.	
-	What are the characteristics of a good friend?How have those characteristics contributed to you being a good friend to someone else and vice versa?	



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- Can you relate those characteristics to specific virtues?
- What virtues help you become a good friend to other people?

Look at the qualities listed in the card sort activity in pairs and then rank them in order of importance.

Why do the negative traits make friendship more challenging? Add any other friendship qualities you can think of.

Activity 2: Circle of friendship

With a partner discuss the following questions:

- How do you choose your friends?
- What governs your choice of friends?
- Do your friends have anything in common?
- What is the difference between a friend and an acquaintance?
- Have your friends changed as you have grown older? How? Why?
- Do you make friends easily? Why/why not?
- What behaviour would stop you being friends?

Activity 3: Moral dilemmas

Read the examples and identify which virtues to employ in each situation.

Which virtues are being activated in the scenarios? Feedback to group and discuss.

Plenary:

Students consider which qualities/virtues they could develop in becoming a good friend.....would you like to be more patient, sympathetic, generous etc.?

Students could add a 'goal for the week' and use the "Good friend" template to help them.

