

The Character Curriculum

Flourishing for Life



<p>Y9: Conflict resolution L1 - How does conflict arise?</p>	<p>Learning objective:</p> <ul style="list-style-type: none"> - Define conflict and recognise its causes 	<p>Key vocabulary: Conflict, resolve, argument, escalate, de-escalate, CAPS</p> <p>Key virtues: Compassion, honesty, respect, resilience</p>
<p>Resources: PowerPoint presentation, behaviour elevator resource sheet</p>	<p>Statutory links: Relationships, Sex and Health Education guidance (2019) Pupils should know:</p> <ul style="list-style-type: none"> - The characteristics of positive and healthy friendships (in all contexts, including online) including: trust, respect, honesty, kindness, generosity, boundaries, privacy, consent and the management of conflict, reconciliation and ending relationships. This includes different (non-sexual) types of relationship; - that in school and in wider society they can expect to be treated with respect by others, and that in turn they should show due respect to others, including people in positions of authority and due tolerance of other people's beliefs. <p>PSHE guidance (2020) Students learn:</p> <ul style="list-style-type: none"> - To develop conflict management skills and strategies to reconcile after disagreements. 	
<p>Key questions:</p> <p>Can you define conflict?</p> <p>Does conflict have to be negative?</p> <p>When you have experienced conflict?</p> <p>How did you resolve it?</p> <p>How did you feel?</p> <p>What actions escalate or de-escalate a</p>	<p>Learning activities:</p> <p>Starter: What is conflict?</p> <p>Ask students to come up with a definition of conflict.</p> <ul style="list-style-type: none"> - Is all conflict bad? - Are there any examples of where conflict might be used positively? <p>Activity 1: Conflict escalator</p> <p>Ask two students to act out a scenario where two people are having a disagreement that escalates and gets worse after starting with a comment in the corridor.</p> <ul style="list-style-type: none"> - What were the stages of the conflict? - How did things escalate? 	

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<p>conflict?</p> <p>How does your personality type deal with conflict?</p> <p>How does knowing ourselves help us to deal with conflict better?</p>	<p>Explore the conflict escalator. Do you relate to this?</p> <p>Activity 2: Why conflict?</p> <p>Ask students about the nature of conflict and where it comes from.</p> <ul style="list-style-type: none">- Why might conflict arise?- Can you think of any examples where you have started conflict with someone else?- Why did this happen? <p>Explain there are many reason that people experience conflict with one another. Everybody brings their experiences, hurts and baggage to relationships.</p> <p>Make a list of the personal reasons that someone might have a conflict with someone.</p> <ul style="list-style-type: none">- How do they compare with this list?<ol style="list-style-type: none">a. Past relationships with a personb. Current feelings about a personc. Past experiences with conflictd. Current feelings about conflicte. Feelings about selff. Hurts, hang-ups and guiltg. Mood that day- Is there anything you can add to this list? <p>Activity 3: Behaviour escalator</p> <p>It can be helpful to think of an escalator or stairs going up and down when thinking about behaviours that escalate or de-escalate conflict. Behaviours that make a situation worse are a step up and behaviours that help a situation are a step down.</p> <p>With a partner write words and actions that make a situation better above each step and words or actions that make things</p>
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worse below the steps.

Activity 4: CAPS

Talk to students about the well-known method of de-escalation CAPS:

- Cool off
- Agree to work it out
- Points of view on the problem are shared
- Solve the problem

Ask students to role play various scenarios which escalate into conflict and then use the CAPS technique to de-escalate the scenario.

Plenary: Personality

People respond to different situations in different ways. Some people might act aggressively, physically and loudly whilst other people act by retreating into themselves silently.

- Which type person are you?
- How have you dealt with conflict situations in the past?
- How might it help to know how you tend to respond before a situation arises?
- What are the role of virtues in situations of conflict?
- Which virtues do you need to use to deal with conflict well? How might you display these?

