



Volunteering

Aims:

Explore the benefits of volunteering.

Preparation and materials:

- <https://www.youtube.com/watch?v=162AJoJCNw8> [available 05/20] (Why Youth Social action makes sense – I Will Campaign)

Assembly:

1. What does 'volunteering' mean? If definitions are unclear, clarify that it is to do something, which normally benefits someone or something else, without payment. Are you involved in any activities like this in your school or community? Where do people in your community already volunteer? Do you know anybody involved in this work?
2. Ask students to consider the motivation around volunteering and why they might get involved. What virtues might being a volunteer develop? How? In what other ways might your character develop through volunteering? What might be people's motivation be for volunteering? Are motives always good/virtuous?
3. Watch the 'Why Youth Social Action Makes Sense' video by the iWill campaign. Why does it encourage young people to get involved in volunteering in different organisations? Would you be interested in joining any of the organisations mentioned in the video or anything similar?
4. The video highlights different character strengths that could be strengthened as part of volunteering? Are any of the character strengths mentioned areas which you would like to develop?
5. Take the opportunity to interview or listen to an example from a teacher or senior leader in the school. Ask about their experiences of volunteering and what the benefits were from their experience.

Reflection:

What needs can you see in our school or your local community? Is there anything you can do to help? Remember, doing something small is much better than doing nothing at all. Is there





Challenge:

Identify a cause or organisation that you might like to volunteer for. Contact the organisation to discuss what volunteering opportunities are available. Explain to a friend who you have contacted and why you would like to be involved in volunteering with them.

